

# What is Dyslexia?

## Dyslexia - the facts

- It's a learning difference that is common
- 1 in 10 children\* in the UK have dyslexia
- The brain simply works in a different way
- There are a lot of positives about dyslexia
- It is not about how clever you are

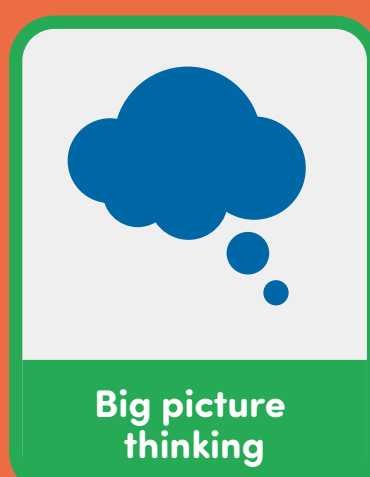


\*Estimate from Dyslexia Scotland

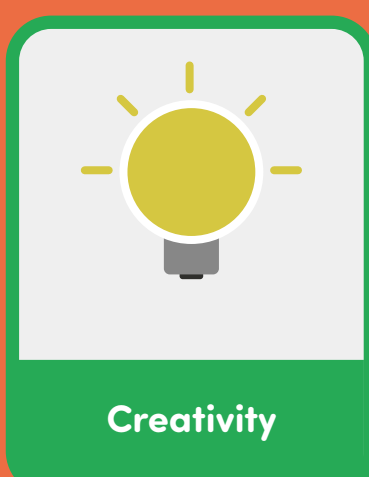
## Strengths and challenges

Dyslexia has many strengths that we should celebrate!

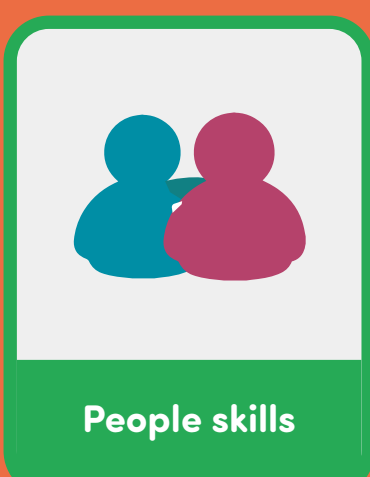
### Strengths



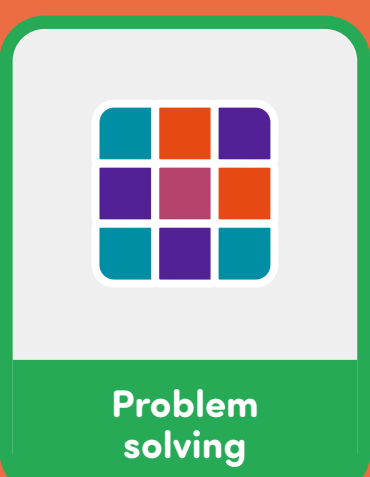
Big picture thinking



Creativity



People skills

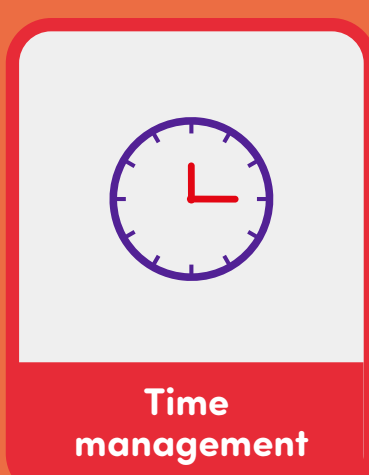


Problem solving

### Challenges



Reading



Time management



Remembering things



Writing

## Let's be careful with the way we talk about dyslexia

We should stop using words like "cure" or "fix"...

...because dyslexia is NOT an illness!

### Words we like:

Identify ✓  
Strategies ✓  
Signs ✓  
Learning difference ✓  
Support ✓

### Please avoid:

Diagnose ✗  
Cure ✗  
Symptoms ✗  
Condition ✗  
Treat ✗

## Focus on the positives!



"You have magical brains, they just process differently. Don't feel like you should be held back by it."

Her Royal Highness Princess Beatrice

Brought to you by:



@DyslexiaUnwrapped